



**CENTRAL
UNIVERSITY
COLLEGE**

**SCHOOL OF MEDICINE AND HEALTH SCIENCES
DEPARTMENT OF NURSING
END OF SEMESTER EXAMINATIONS 2019/2020**

NSNG 107: BASIC NURSING I

(Level 100)

MORNING

DURATION: 1 HOUR, 30 MINUTES

STUDENT ID

No.....

INSTRUCTIONS:

- I. Answer section A on the question paper**
- II. Answer section B in the answer booklet**

**DO NOT TURN OVER THIS PAGE UNTIL YOU HAVE BEEN TOLD TO DO SO BY
THE INVIGILATOR**

INSTRUCTION: CIRCLE THE MOST APPROPRIATE ANSWER

1. What is/are the role and function of the nurse?
 - a. Teacher
 - b. Leader
 - c. Care giver
 - d. All of the above

2. The act of utilizing the environment of the patient to assist him in his recovery is by:
 - a. Virginia Henderson
 - b. American Nurses Association
 - c. Florence Nightingale
 - d. Lydia Hall

3. Effort taken to keep the patient free from hospital micro-organism is known as...
 - a. Sterilization
 - b. Disinfection
 - c. Aseptic Technique
 - d. Ventilation

4. The process of invasion of the body tissue by micro-organism and their proliferation is
 - a. Infection
 - b. Contamination
 - c. Aseptic Technique
 - d. Sepsis

5. To render an object unclean or unsterile is referred to as...
 - a. Infection
 - b. Contamination
 - c. Aseptic Technique
 - d. Asepsis

6. Asepsis could be classified into...groups.
 - a. Four
 - b. Three
 - c. Two
 - d. One

7. When taking Blood Pressure, the stethoscope is placed on the...
 - a. Radial artery
 - b. Radial vein
 - a. Brachial artery
 - b. Brachial vein

8. are chemical antimicrobial agents used to reduce the growth of micro-organisms on living tissues
 - a. Asepsis'
 - b. Bacteriostatics
 - c. Antiseptics
 - d. Medical asepsis

9. The process by which all micro-organisms including spores are destroyed is known as...
 - a. Pasteurization
 - b. Decontamination
 - c. Sterilization
 - d. Proliferation

10. An alteration in body functions resulting in a reduction of capacities or shortening of the normal life is...
 - a. Dead
 - b. Life
 - c. Illness
 - d. Disease

11. A state in which the persons physical, emotional, intellectual, social, developmental or spiritual functioning are thought to be de diminished is...
 - a. Dead
 - b. Life
 - c. Illness
 - d. Disease

12. Client lies on the abdomen with the head turned to one side
 - a. Lateral position
 - b. Prone position
 - c. Lithotomy position
 - d. Sitting up position

13. In the ...position the client lies on one side of the body, flexing the top hip and knee and placing the leg in front of the body.
 - a. Lateral position
 - b. Prone position
 - c. Lithotomy position
 - d. Sitting up position

14. In the...the client lies on the back with the legs supported in straps (stirrup)
 - a. Lateral position
 - b. Prone position
 - c. Lithotomy position
 - d. Sitting up position

15. In assessing the respiration, all the following should be observed **EXCEPT**
- Rate
 - Rhythm
 - Volume
 - Depth
16. A bed position in which the head and trunk are raised $60^{\circ} - 90^{\circ}$
- Sitting up and Fowler's
 - Cardiac and Fowler's
 - Fowler's and Semi-Fowlers
 - Semi-Fowler's and Cardiac
17. How many types and sources of loss are there?
- 1
 - 2
 - 3
 - 4
18. Total response to the emotional experience related to loss is...
- Mourning
 - Bereavement
 - Grief
 - Loss of childhood
19. Subjective response experience by the surviving loved ones after the death of a person is...
- Mourning
 - Bereavement
 - Grief
 - Loss of childhood
20. Behavioral process through which grief is eventually restored or altered is known as...
- Mourning
 - Bereavement
 - Grief
 - Loss of childhood
21. Florence Nightingale left England for the Crimean war with a team of...
- 38 nurses
 - 28 nurses
 - 48 nurses
 - 18 nurses

22. In 1860 Florence Nightingale began the formation of nursing occupation to profession and established the first nursing school at St. Thomas hospital in London. The length of training was...
- 6 months
 - 1 year
 - 2 years
 - 3 years
23. What immediate care do you give to a patient with a temperature of 39⁰C?
- Give paracetamol suppository
 - Tepid sponging
 - Cover her with blanket
 - Give her cold water to drink
24. When checking vital signs certain steps have to be followed in an orderly manner, enumerate the steps sequentially
- BP, Pulse, Respiration, Temperature
 - Temperature, BP, Pulse, Respiration
 - Pulse, Respiration, BP, Temperature
 - Temperature, Pulse, Respiration, BP
25. As part of the principles in nursing activities, a nurse is expected to establish... relationship with patient relatives and other members of the health team
- Interpersonal
 - Reassurance
 - Intrapersonal
 - Rapport
26. Some of the qualities expected of a nurse include all the following **EXCEPT**
- Honesty and altruism
 - Dignity
 - Equanimity
 - Emotionalism
27. Whiles taking an adult patient's pulse, the nurse finds the rate to be 140 beats/minute what should the nurse do next?
- Check pulse again in 2hrs
 - Record the information
 - Report the rate to a primary care provider
 - Check the blood pressure
28. The following are common behaviors associated with illness **EXCEPT**
- Shock
 - Hilarity
 - Anxiety
 - Denial

29. Divided bed is used in nursing of patients with the following condition except
- Amputation
 - Burns
 - Hemorrhage from pelvis
 - Head injury
30. Wheezing respiration is a characteristic of one of the following conditions
- Asthma
 - Pleural effusion
 - Pneumonia
 - Bronchiectasis

TOTAL MARKS: 30

SECTION B

ANSWER ALL THREE (3) QUESTIONS

QUESTION ONE

Florence Nightingale is known in the circle of the nursing profession as the founder of modern nursing. In not more than half a page explain her role and contributions to nursing globally. **5 marks**

QUESTION TWO

- a. List any ten (10) factors that affect the illness behavior. **5 marks**
- b. Name and briefly explain the types and sources of loss. **10 marks**

QUESTION THREE

A 50-year old drug user was rushed to the ward with complaints of difficulty in breathing, coughing and dizziness.

- a. What type of bed will be appropriate for the patient? Explain the rationale behind your choice in details. **5 marks**
- b. List five (5) rules for bed making. **5 marks**

TOTAL MARKS: 30