



CENTRAL UNIVERSITY

SCHOOL OF MEDICINE AND HEALTH SCIENCES

DEPARTMENT OF NURSING

END OF SECOND SEMESTER EXAMINATION, 2019

NSNG 112: Basic Nursing II (Theory)

LEVEL 100

Time allowed: 1 1/2 HOURS

STUDENT ID _____

INSTRUCTIONS

Answer all questions in the answer booklet provided

Submit question paper with the answer booklet

**DO NOT TURN OVER THIS PAGE UNTIL YOU HAVE BEEN TOLD TO DO SO BY THE
INVIGILATOR**

Examiner: Mr. Isaac Mfum

END OF SECOND SEM. II EXAMINATION

LEVEL 100 2018/19

BASIC NURSING II CODE: NSNG 112

ANSWER ALL QUESTIONS IN THE ANSWER BOOKLET

TIME: 1 Hour

1. Complete this statement :

Maintaining the hygiene needs of the patient include the care of all the Activities of Daily Living (ADL) of the patient, his environment, diet and teaching of patient to move from

.....to.....

(2 Marks)

2. Mention three (3) activities involved in the bath component of the maintenance of the hygiene needs of the patient.

(3 Marks)

3. The purpose of maintaining the hygiene needs of the patient include the following **EXCEPT :**

- A. To promote or ensure cleanliness at all times.
- B. To promote appetite
- C. To promote quick recovery
- D. To promote early ambulation

(1 Mark)

4. Before undertaking the actual procedure such as (bath, mouth care, wound dressing etc.) mention three (3) pre-operative activities you need to undertake or perform.

(3 Marks)

5. From the underlisted neglected mouth care complications, separate the systemic complications from the local complications.

**(A).GLOSSITIS, (B).ENDOCARDITIS, (C.) OTITIS MEDIA, (D)
(E). PYORRHOEA, (F). ANOREXIA, (G). MENINGITIS.**

LOCAL	SYSTEMIC
1	
2	
3	
4	
5	
6	

(3 Marks)

6. Define Wound

(1 Mark)

b. Mention two (2) main types of wound.

(2 Marks)

c. During wound dressing the wound is cleaned from the least contaminated area to the higher contaminated area. **TRUE / FALSE**

(1 Mark)

7. From the answers below fill in the blank spaces.

Report writing and documentation is the exchange of information about a patient in a written form and it is called Every such information is a

- A. Unprofessional
- B. Unethical
- C. Legal Document
- D. Medical Record

(2Marks)

8. In two (2) sentences, state the difference between **RECORDS** and **REPORT**.

(2 Marks)

9. In the exercise of your professional duties as a nurse you are not permitted to invade your patient's privacy. However in exceptional cases the nurse is compelled to report or he / she is liable to serious sanctions such as fines or imprisonment. Mention two (2) of such exceptional cases.

(2 Marks)

10. Although the nurse is not a dietician, it is important that he / she has good knowledge about nutrition for various reasons including the following **EXCEPT**

- A. The nurse is a source of health information to the patient.
- B. Nutrition is an important factor in the promotion of health.
- C. The nurse is most directly involved with the patient
- D. Nutrition is important for growth.

(1 Mark)

11. In the administration of medication, we are told of the six Rights ("6R^s"). Enumerate these Six Rights.

(3 Marks)

12. Medication may be administered **ENTERALLY OR PARENTERALLY**, Select from the underlisted two (2) methods each under the above routes.
- A. Intra muscular
 - B. Intravenous
 - C. Tablets/ mixtures
 - D. Suppository
 - E. Tubal enema

(2 Marks)

13. Match the following Terminologies with their appropriate answers

A. COMPATIBILITY

B. SUBLINGUAL

C. BUCCAL

1. In or directed toward the cheek	
2. Quality or state of existing together in harmony.	
3. Under the tongue	

(3 Marks)

14. All the factors below affect Nutrition **EXCEPT**.

- A. Unequal food distribution.
- B. War
- C. Culture
- D. Exercise

(1 Mark)

15. There exist some factors that affect wound healing. From the list below select the correct/ answer.

- A. Malnutrition.
- B. Age
- C. Obesity
- D. All the above
- E. A & B
- F. B & C

(1 Mark)

16. Dehiscence is a complication of wound healing especially surgical wound; this can be caused by;
- A. Talking
 - B. Sneezing
 - C. Coughing
 - D. Vomiting
 - E. All the above
 - F. B & C Only
 - G. B, C & D

(1 Mark)

17. Energy derived by the body from food nutrients is measured in;
- A. Kilogrammes
 - B. Mega Units
 - C. Calories
 - D. Kilocalories

(1 Mark)

18. Respiration is inspiration and expiration of oxygen and carbon dioxide respectively. It consists of three (3) phases. Mention these phases sequentially.

(1 ½ Marks)

19. Temperature means the degree of warmth or balance maintained between the heat produced (thermogenesis) and heat lost (thermolysis) in the body. Enumerate FIVE (5) parts of the body where the body temperature can be checked.

(2 ½ Marks)

Excess bleeding resulting as a complication of a surgical wound if not promptly arrested can lead to;

- A. Death.
- B. Dehydration
- C. Hypovolemic shock
- D. Anaemia

(1 Mark)

21. Fill in the blank spaces.

When dehiscence occurs, the nurse must then patient and advise him/ her to and then

(2 Marks)

22. Incised wounds often heal by;

- A. First intention.
- B. Second intention.
- C. Third intention.
- D. Granulation.

(1 Mark)

23. The doctor prescribes that these patients should be given their medications as follows.

- A. Bid/Bd
- B. Qid
- C. Alt die
- D. 1/m
- E. TDS/TID

State how you will administer them.

(5 Marks)

24. The following colours represent different intravenous solutions.

Match them according to the solutions they represent.

YELLOW, GREEN, PINK, BLUE

A. Ringers Lactate	
B. 5% Dextrose	
C. Normal Saline	
D. Dextrose Saline (D/NS)	

(2 Marks)

TOTAL MARKS: 50

PART II
ATTEMPT ONE (1) QUESTION ONLY
ESSAY

TIME: 30MINS

1. The nurse contributes to the promotion of health, prevention of illness, restoration of health and alleviation of suffering.
Discuss the contribution you will make to promote the health conditions of the people in your community.

2. An 80-year-old ambulant woman is admitted into your ward with a diagnosis of congestive cardiac failure (CCF). Describe the nursing care you will render to her in relation to; position in bed, diet, skin care and protection.

10 Marks